

CALGARY, ALBERTA--(Marketwired - Apr 15, 2016) - [West High Yield \(W.H.Y.\) Resources Ltd.](#) (TSX VENTURE:WHY) ("West High Yield" or the "Company") announces that, subject to the approval of the TSX Venture Exchange, the Company's Board of Directors approved the appointment of Mr. Jeff Helper as Corporate Secretary.

Mr. Helper was called to the Alberta bar in 1997 and has been a partner with the law firm of TingleMerrett LLP since 2003. Mr. Helper's practice is focused primarily on corporate and commercial transactions, with particular emphasis on securities and corporate finance for emerging and growth companies, both private and public.

The Company also announces the granting of 1,250,000 stock options to officers, directors, employees and consultants of the Company, subject to regulatory and TSX Venture Exchange approval. The options were issued with an exercise price of \$0.25 per share and have a five year term.

On April 14, 2016, 1,476,666 options with an exercise price of \$0.30 expired unexercised.

#### About West High Yield

West High Yield is a publicly traded junior mining exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada with a primary objective to locate and develop economic gold, nickel and magnesium properties.

52,083,473 Common Shares Issued

#### Reader Advisory

*Neither the TSX Venture Exchange nor its regulation services provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.*

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